



Just the Facts

Salem's National Salute to Veterans Events

Country music artist, Aaron Tippin, visited Salem VAMC on February 9, 2012, before performing in a free concert at the Salem Civic Center as part of the 2012 National Salute to Veterans. Miss Virginia, Elizabeth Crot was also there to welcome Veterans to the event. The concert was sponsored by the Salem VAMC, Help Hospitalized Veterans Organization (HHV), and others in the community. The concert was part of the annual weeklong National Salute to Veterans celebration, specifically connected to Valentine's Day; an ideal opportunity for the community to express its respect and appreciation of all Veterans who have served and protected our great Nation.



To see more photos check out our Facebook page www.facebook.com/VASalem.

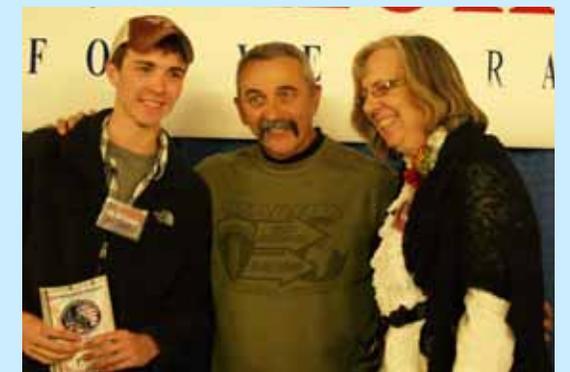
Our annual National Salute to Veterans program was held on February 16 in the Auditorium with special guest, Miss Virginia.

Thanks to all who made these wonderful events possible. Every day we are honored to serve and appreciate Veterans—and continue to strive to provide excellent service to those who served.

Miguel H. LaPuz, MD, MBA
Director

Photos by Marian McConnell... continued on page 2





Thanks to all the photographers who took pictures before, during, and after the concert. — Brad Marsolek, Ray Klimuszka, Salem Times (Ed and Anita), and Salem VAMC staff!





National Salute—Photos (below) with Miss Virginia, Elizabeth Crot, by Harlen & Vicki Gudger.



Rural Outreach

Salem VAMC has a Rural Health Team to provide information and education to Veterans in our catchment areas. The team is under Salem VAMC's Primary Care Service Line, and works closely with Home Based Primary Care, Tele-medicine, Women's Health, Mental Health, OEF/OIF/OND Coordinator, and other services.

Recently the Team shared information about VA health care services at the: the VFW Post in Covington, the DVS/National Guard in Christiansburg, the Valentines for Veterans Concert in Salem, the YMCA in Alta Vista, the VFW Post in Hillsville, the Municipal Building in Alta Vista, the Staunton CBOC, the Franklin Center in Rocky Mount, and the Welcome Center in Bedford.

Upcoming Rural Health Outreach Events:

- March 1—VFW Post 1033 from 9a-12p in Covington
- March 8—Clery Training Project at First Presbyterian Church in Danville from 8a-2p
- March 12—YMCA from 9a-12p in Alta Vista
- March 13—VFW Post 1115 from 9a-12p in Hillsville
- March 21—Senior Center from 10a-2p in Waynesboro
- March 28—Rocky Mount Franklin Center on 50 Claiborne Street from 9a-1p
- March 31—Vietnam Veterans Homecoming Celebration at the Charlotte Motor Speedway; 5555 Concord Parkway in South Concord, NC (see *inset*)

More information and upcoming events open to the public are posted on our website at www.salem.va.gov in the events calendar.

If you would like to invite the Rural Health Team to an event or to speak with your organization, please contact Marian McConnell at (540) 855-3460 or email at marian.mcconnell@va.gov.

WELCOME HOME

WHAT
A Welcome Home to
Vietnam Veterans
that many never received

WHEN
9:00AM - 4:30PM Saturday, March 31, 2012

WHERE
Charlotte Motor Speedway

USO
NORTH CAROLINA

VII
VIETNAM
VETERANS
HOMECOMING
CELEBRATION 2012
3-31-2012

CHARLOTTE
MOTOR SPEEDWAY

www.CharlotteMotorSpeedway.com/WelcomeHome

Veteran Service Organizations will be on-site to assist veterans. Please bring your DD Form 214 so they can help, if needed.

STACKHOUSE — NEW ASSOCIATE DIRECTOR

Rebecca Stackhouse was appointed as the Associate Medical Center Director on February 12, 2012. Her responsibilities include the administrative coordination of the facility, including Facilities Management, Logistics, Human Resources, Finance, Environmental Management, Health Administration, Nutrition & Food Services, Police, Prosthetics, Customer Service, Community Based Outpatient Clinics, and Safety.

Prior to her appointment at Salem, she served as the Acting Medical Center Director for 11 months, and the Associate Medical Center Director at the William Jennings Bryan Dorn VA Medical Center in Columbia, South Carolina. Ms. Stackhouse began her career as a Recreation Therapist at the Palo Alto VAMC and her VA career has included positions of Assistant Medical Center Director at the Dayton VAMC in Ohio, Extended Care and Rehabilitation Services Care Line Manager, Administrative Assistant to the Chief of Staff and Performance Improvement Specialist at the Lebanon VAMC, Program Coordinator of the Day Treatment Center Program at the Memphis VAMC in Memphis, Tennessee and Recreation Therapist at the VA Palo Alto Health Care System in Palo Alto, California.

Ms. Stackhouse was a participant in the VA Graduate Healthcare Administration Program, the Network Executive Health Care Leadership Institute, and is a graduate of the 2007-2009 Executive Career Field Candidate Development program. She is a certified Therapeutic Recreation Specialist (CTRS) and is board certified in healthcare administration by the American College of Healthcare Executives (ACHE) in which she holds Fellow (FACHE) status.

She received her Bachelor's degree in Recreation Therapy from Central Michigan University and her Master's degree in Administration, also from Central Michigan University.



RESEARCH PARTICIPANTS NEEDED

Submitted by Donna Lawson

If you would like to know your body composition, hormone levels and bone health, this Clinical Research Study might be right for you. Endocrine Section at the Salem VAMC is investigating the effect of age and body composition (namely muscle and fat) on body production of growth hormone and testosterone in male subjects of different ages and body weights.

The study is open to Veterans, non-Veterans, and anyone who meets the criteria below.

To participate, you must:

- ◆ Be a healthy male between 30-49 or more than 60 years old, (African American 20 years and older)
- ◆ Not take any long-term medication
- ◆ Be free of any acute or chronic medical or psychiatric disorder
- ◆ Willing to devote 2.5 days (7 h) within a 4 week period to the project

Your Benefits:

- ◆ Complete routine laboratory testing
- ◆ Body composition assessment by state-of-the-art methods.
- ◆ Non-invasive cardiovascular assessment
- ◆ \$ 250.00 for study participation



For more information, call Salem VAMC—Endocrine Research—(540) 982-2463 ext. 1534 or 1510.

BENEFICIARY TRAVEL MILEAGE REIMBURSEMENT

CHANGE EFFECTIVE APRIL 15, 2012

Salem VAMC is changing beneficiary travel mileage reimbursement from a CASH reimbursement process to an electronic funds transfer (EFT) process (direct deposit to your bank), or a Treasury Check. We are making this change to better serve Veterans:

- ◆ Security of Funds (Electronic vs. Cash)
- ◆ Saves resources better spent on Veterans
- ◆ Consistent with practices used by VBA and Social Security Reduces Fraud, Eliminates Lost Checks, Ensures Address is Current, Reduces Duplicate Payments

Please complete and sign **Form SF-3881** before April 15, 2012; forms are available:

- ◆ From the Travel Office
- ◆ From the clinics
- ◆ From our website www.salem.va.gov

Once you complete and sign the form:

- ◆ Drop off in secure box at Travel Office (or)
- ◆ Mail to Salem VAMC (04A); 1970 Roanoke Blvd.; Salem, VA 24153 (or)
- ◆ Fax to (540) 855-5022

Once enrolled, after you submit your travel claims:

- ◆ Direct deposits (EFT) will be received within 14 days
- ◆ Reimbursement checks will be received within 21 days

Emergencies or exceptions will be handled on a case-by-case basis.

Please call (540) 982-2463, ext. 1032 with questions.



VETERANS: TELL EMPLOYERS ABOUT POSSIBLE TAX CREDITS FOR HIRING YOU



If you're a military Veteran and have been recently hired by a for-profit or tax-exempt company, your employer might be eligible to receive thousands of dollars in tax credits.

On February 9, the IRS issued a news release containing guidance and forms that employers can use to claim a newly expanded tax credit for hiring Veterans. The Veterans Opportunity to Work (VOW) to Hire Heroes Act of 2011 (enacted Nov. 21) provides an expanded Work Opportunity Tax Credit (WOTC) for businesses that hire eligible unemployed Veterans and, for the first time, makes the credit available to certain tax-exempt organizations.

The credit can be as high as \$9,600 per Veteran for for-profit employers or up to \$6,240 for tax-exempt organizations. The amount of the credit depends on a number of factors, including the length of your unemployment period before hiring, hours worked and the amount of first-year wages paid. Employers who hire Veterans with service-related disabilities may be eligible for the maximum credit.

For more information, including how to claim the credit, go to IRS.gov. In the Search box use the following search terms; Work Opportunity Tax Credit or VOW to Hire Heroes Act.



This beautiful picture of Salem VAMC during a recent snowfall was taken by an employee, Kathy L. Hann, Medical Support Assistant on ICU3.

MARCH IS "HOW TO BE SAFE" MONTH

Submitted by Dr. Shannon Cohen, HPDM Coordinator



Did you know there are practical steps you can take to be safe? It is important to protect yourself from falls and motor vehicle crashes. Don't drive while under the influence of alcohol or drugs, or ride with someone who is. Wear seat belts in cars, and helmets on motorcycles and bicycles. Keep the seatbelt flat, snug, and the shoulder harness over your shoulders, never under your arm. Don't text messages or talk on a cell phone while driving. To prevent falls, remove small throw rugs from your home, as well as things you can trip over on stairs and places where you walk. Install grab bars in the tub or shower. Improve the lighting in your home so you can see where you are going. If you have questions about how to be safe and make healthy living choices, please talk with your health care team.

Also see our "Be Safe" display in the main lobby on Thursday, March 8 from 12:30-1:30p.

PLEASE PROTECT THE SALEM MODEL

Recently, at the request of the Salem VAMC Archives Committee, the model of our facility located in the main lobby of Building 143, had \$112 in coins and bills removed from it from people pushing money through the cracks in the polyurethane cover. (The money was donated to Voluntary Service for items for our patients. If you would like to make a donation, feel free to contact Voluntary Service at (540) 982-2463, ext. 2636.)



Please do NOT put money or objects through the cracks of this very special and historical model. The cracks have been sealed to protect this delicate and special creation.

PUGH ONE OF VIRGINIA LAWYERS MEDIA'S "INFLUENTIAL WOMEN OF VIRGINIA"

Kristin Pugh, LCSW, Veterans Justice Outreach Coordinator, was selected as one of Virginia Lawyers Media's "Influential Women of Virginia" of 2012. This awards program, now in its fourth year, recognizes the outstanding efforts of women in the commonwealth in all fields, including law, business, health care, education and the arts. The honors are given to individuals who are making notable contributions to their chosen professions, their communities and society at large.



The honorees will be celebrated at a gala luncheon on May 10 at the Richmond Marriott in downtown Richmond. The "Influential Woman of the Year" for 2012, to be voted on by the 2012 honorees themselves, will be announced at this luncheon. Each honoree also will be profiled in a special publication that will be distributed at the event and inserted into Virginia Lawyers Weekly in early May.

SAFETY MAKES A DIFFERENCE: WHAT IF?

Submitted by Cary Schlitz

Sometimes some people have entirely too much faith in their co-workers. The two gents you see here are driving a grounding rod into the ground. The guy on the bottom got the raw end of the deal. So let's play a game. I say "What If" and you answer the question in your mind.

What if the guy using the sledge hammer missed and bonked the holder on the head? What if he lost his balance and fell out of the backhoe bucket? What if a chip of metal broke off and flew toward the holder's face? What if the holder slipped and fell into the trench behind him? What if the holder sneezed just as hammer was coming down?

That was fun, wasn't it? Hey folks, here's a great idea: play the "What If" game before you start working on a project. You just might be able to eliminate some hazards and prevent an accident!



? ASK ETHEL?



The Integrated Ethics Committee poses a question each month in **Just the Facts**. Questions and answers beginning in March's issue will address resources available to employees and other ethical Issues in the workplace. Customer centered agencies, like Salem VAMC in which improved customer service is important to the overall mission of quality healthcare, tend to offer various opportunities for all employees which promote career and self growth. Answers will appear in the following month's issue. Employees are encouraged to submit questions to Ethics (122). Please include your name and extension if you want a personal response (all responses are confidential).

February's Question: Why can't we pave the parking lots and build a parking garage to accommodate employee and Veteran parking?

February's Answer: There are a number of reasons. First, the Salem VAMC is not as land-locked as some other stations and, as such, can extend parking into vacant land areas. This is a much more cost-effective way to meet an increasing parking demand and we have planned future projects that will pave existing gravel parking areas and provide additional paved parking surfaces. Next, Public Law 99-576 requires VA to charge reasonable fees for parking when a parking facility is constructed. If a parking garage is constructed, all staff and visitors would be required to pay for parking in that structure. The preferable method for providing additional parking would not involve the collection of parking fees. We are currently planning parking expansions that will not require staff to pay for parking. Finally, competition for construction funding is great and priorities typically go to the projects that can maintain or improve patient care, which is our primary responsibility. Construction funding is competed on both a national and VISN level, so the justification and need would have to be exceptional in order for a parking garage project to be approved at these levels. Although the likelihood for approval of such a project is minimal, future parking demands may require that a parking garage project be considered.

March's Question:

What types of continuing education for employees are available at Salem VAMC?

MEDICAL ETHICS—DDNR (Durable Do Not Resuscitate)

Article and photo submitted by Leslie Hindle

Dr. Thomas Martin, Chief of Medicine, presented at Grand Rounds on February 3, 2012 on "Who's In Charge? When a DDNR Presents an Ethical Dilemma." The learning objectives were: clarifying DNR status/Advance Directive elections are critical to defining treatment options, understanding when honoring a patient's DDNR is non-maleficance, and utilizing hospital Advance Care planning policies.

"Durable Do Not Resuscitate Order" means a written physician's order issued pursuant to §54.1-2987.1 to withhold cardiopulmonary resuscitation from a particular patient in the event of cardiac or respiratory arrest. For purposes of this program, cardiopulmonary resuscitation shall include cardiac compression, endotracheal intubation and other advanced airway management, artificial ventilation, defibrillation and related procedures.

The participants actively participated in the case discussion which focused on medical ethics and values clarification. Staff were reminded of the updated DDNR form effective July 21, 2011 which can be accessed from any Social Worker or found online on the Virginia Department of Health website <http://www.vdh.virginia.gov/OEMS/DDNR/index.htm>



SAFE PATIENT HANDLING (SPH) CORNER

Submitted by Sonya Stokes, BSN, RN



SPH FEBRUARY QUESTION: “What is the recommended ‘safe’ lifting weight for healthcare professionals, without the use of SPH equipment?”

ANSWER: 35 pounds.

NIOSH has recommended a limit of 35 pounds for most patient lifting, repositioning, transfers, and transport tasks in healthcare. Handling patients, and particularly patients who may be in extreme distress, is a very difficult task due to uncontrolled factors such as slippery, uneven ground surfaces, patient combativeness, etc. The revised NIOSH handling equation has shown through research that a lifting index greater than 3.0 can clearly be linked to an increased risk of back and other injuries.

“Injury prevention efforts focused on patient lifting and repositioning methods have had success in reducing work-related injuries and associated workers' compensation costs. Providing a safer and more comfortable work environment has also resulted in additional benefits for some facilities, including reduced staff turnover and associated training and administrative costs, reduced absenteeism, increased productivity, improved employee morale, and increased resident comfort. By sharing industry best practices through guidelines and building upon the progress in the nursing home industry, OSHA hopes that other nursing home providers will take steps to address ergonomics problems in their facilities.” (OSHA)

SPH MARCH QUESTION: “On average, how many nurses suffered from a back injury last year?”

SPH PEER LEADER: Julie Manico, MSPT, DPT

Hello. My name is Julie Manico, MSPT, DPT. I have worked here at the Salem VAMC for 17 years. I currently work in the Physical Medicine and Rehabilitation Department as a Physical Therapist. I teach ergonomics to new Salem VAMC employees during the monthly New Employee Orientation. I am also the Safe Patient Handling Unit Peer Leader for my area. I collaborate with various facility disciplines and the Safe Patient Handling Program Coordinator as we strive to create a culture of safety for our employees and patients. Our shared goal is to significantly reduce on the job injuries that occur while performing daily patient care. We have made available to our staff a variety of innovative equipment that facilitates recruitment and retention of staff by decreasing time away from work due to injury. Our patients feel safer and more confident during gait training and transfers with the use of safe patient handling equipment.



SAVING ENERGY

Submitted by Robert Rossbacher

Salem VAMC has a commercial laundry system in Buildings 14 and 15 which supplies linens for Beckley and Durham VAMCs, the Virginia Veterans Care Center, and our own facility. The recent upgrade of the laundry equipment included upgrading the tunnel washer and converting to natural gas dryers instead of steam dryers. The result is more efficient operation of the laundry and significant savings of natural gas energy and water.

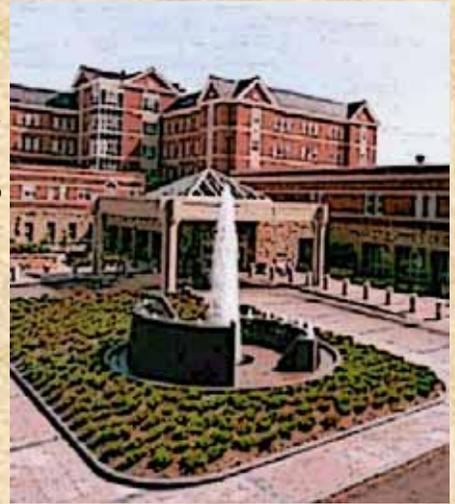


This is an important step towards our mandated goal of reducing energy 3% per year and reducing water usage 2% per year.

FACILITY ENHANCEMENTS/CONSTRUCTION NEWS

Submitted by Wayne Johnson, FMS

Two substantial construction projects aimed at improved facilities for the Mental Health Service Line (MHSL) continue to progress. Renovation of Building 7, 2nd floor for MHSL is now more than 70% complete, and the design for Building 8 Addition resumed in February. This latter project will begin to physically impact the East Courtyard North of Building 8 during the late spring/early summer timeframe. The accessible front entrance for Women's Health Clinic was essentially completed in February, with only canopy installation remaining. On the opposite side of the Medical Center, renovation work in Building 76 for relocation of Research is nearing completion.



Other contracted construction projects which will progress during the March/April timeframe (or as noted) include:

- ◆ New Education Center in Building 75: Portions of the space are essentially complete while remaining components are awaiting processing of a contract supplemental agreement to incorporate finish changes and certain audio/visual components.
- ◆ Energy Saving Improvements: Re-commissioning of Building 143 HVAC systems for more energy efficient operation is nearing completion. This Project also requires installation of a water valve and meter for Building 2 which requires a contract supplemental agreement.
- ◆ HVAC System Replacement in Building 12: Work will continue.
- ◆ Roof work on Buildings 143 and 144 (Chapel): Will resume during the March/April timeframe.
- ◆ SPD Renovation for Scope Processing: Project is essentially complete, with some final work awaiting completion of a contract supplemental agreement.
- ◆ Emergency Water Storage Project: March, 2012 initiation of construction is still anticipated. Initial work will likely occur near the two pump houses adjacent to Roanoke Boulevard.
- ◆ Replace HVAC System in Building 74: Design/construction procurement has initiated.
- ◆ Buildings 74/75 basement corridor floor finish: A supplemental agreement to the construction contract is awaiting funding.
- ◆ Additional energy conservation measures (light replacement, corridor roll-up doors, water heaters): Procurement of rollup doors is almost complete and other components of this project are in procurement.
- ◆ Community Living Center Dining Room Addition for Building 2: Design effort is essentially complete, construction procurement should initiate during the March timeframe.
- ◆ Upgrades to Emergency Electrical System: Design effort is complete and construction procurement has initiated.
- ◆ Replacement of Primary Electrical Feeders: Design effort will continue.
- ◆ Installation of perimeter fence for security: Construction procurement has initiated.
- ◆ Upgrade underground water distribution system: Design effort essentially complete.
- ◆ Upgrade and Modernize Utility Plant: Design procurement will continue.

As reflected in the partial list of Projects above, we anticipate another very busy spring and summer construction season.

We continue to request your patience as we work to improve patient care and environmental conditions at the Salem VAMC.

Please help us in maintaining a safe environment by reporting any unsafe conditions. If you observe unsafe conditions, please immediately report details of the situation to Safety (Ext. 2292) or FMS (Ext. 2700).



COMPLIMENTS CORNER

- ♥ “**Sylvio Roy** in EKG is a great worker. He helped me several times transporting me to the Lab by wheelchair and [has a] great personality.”
- ♥ “I want to thank each and every one of you [on **Ward 4J**] for the care and compassion for my father. It has meant a great deal to our family knowing my Dad has been well cared for during his hospital stay.”
- ♥ “Thanks to the following for caring for my Father while he was on 4J: **Starr, LPN; Joann, RN; Nikita, RN; Mavis, RN; Bonny Moore, MD; John Distefano, MD; Jamie Warner; Roshan Bhowansing, MD; Diahanne, LPN; Rebecca, RN; William Robbins, MD; Gary Collin, MD; Johan Skidmore; Renee Tatum, MPT; John Ortolani, MD; Amy, RN; Rasheeda, MSW; Gary Hargrove, MD; Tammy S., MSW; Emily Hundley, RRT; and Kari Wygal, RN.**
- ♥ “**Paula Kirtley** — thank you so much for everything you have done for our Veteran. He has gone through a lot in the last 3 years and I hope and pray things are starting to turn around for the young man and he can find some sense of normalcy. ...you seem so sincere in your efforts.”
- ♥ “**Dr. Rizk, Jamie Cooke, and Patti Hall** have provided the best customer service I have ever had. They go above and beyond to make sure I’m taken care of... they give great service and excellent care consistently.”
- ♥ “Please thank everyone for all of the hard work that was put into getting the Valentines for Veterans concert featuring Aaron Tippin to come to the Salem Civic Center. My family really enjoyed the concert and were thrilled to have such great seats. My Dad had a wonderful time. He sang, clapped, and moved with the music.!”
- ♥ “I was discharged on February 27th; everyone from the **ER** all the way up through my discharge from the hospital was good to me. Special thanks to **Mickey Thomas** in SICU, and **Tina Howard** in the Recovery Room. These two nurses were so kind and helpful and made me feel comfortable.”
- ♥ “Thanks to **Dr. Karen Wilson** and her nurse, **Joyce Rasnake**, for their wonderful care concerning my blood pressure. ... Dr. Karen and Joyce treat us [women Veterans] great!”
- ♥ “**Dr. Holmgren** is the best provider I’ve ever had. She is exceptional in her field, pays close attention to detail... She is dedicated and thoughtful.”
- ♥ “Thanks to **Jena Willis, PharmD**; she has gone over and above in the care she has provided to me. She helped me get my diabetes under control and discovered a Vitamin D deficiency I didn’t realize I had.”
- ♥ “I have been so impressed by the personal care you [**Ward 2-2**] gave my uncle. You all should pride yourself on the extra things you do above and beyond the mandatory care for Veterans. It makes a big difference when you are leaving your loved one in someone else’s care.
- ♥ “**Mary K. Brumfield, RT; Anthony Beard, RT; Stephanie Cooper, CNA**: Thanks to all of you who played dominoes with our Veteran and the trips to the restaurants.”
- ♥ “**Barbara Leahy, RN, Restorative RN**: Barbara worked with my uncle while he was an inpatient on 2-2 and had him walking farther than he had walked in years.”
- ♥ “The **Ward 2-2 Nursing** staff is wonderful. They anticipate my needs and do my care with a smile on their faces. They make you feel special and are here to help you.”

REPORTING SAFETY & QUALITY ISSUES

Submitted by Quality Management

Any employee of Salem VAMC may report safety and quality-of-care issues directly to the Joint Commission, our accrediting agency. Concerns may be reported without retaliation or disciplinary action against the reporting employee. Reports may be reported to the Joint Commission through several means:



Mail:

Division of Accreditation Operations
The Joint Commission
One Renaissance Blvd.
Oakbrook Terrace, IL 60180

Phone: 1-800-994-6610

Fax: 1-630-792-5636

Email: complaint@jointcommission.org

Be sure to check out our website
www.salem.va.gov
For events, articles, photos, this newsletter, and more!

JUST THE FACTS

The newsletter is published around the 1st of each month.

If you have ideas for *Just the Facts* articles (250 words or less), photos, or suggestions, please contact Marian McConnell at (540) 982-2463, Ext. 1400; or email vhasampublicaffairs@va.gov at least 10 days before the first of the month.

Remember, you can read current and past issues on the Salem VAMC Intranet home-page.

Disclaimer: We reserve the right to edit/condense articles and information as appropriate. We will make every attempt to notify the author(s) first.

Posted online under "Resources" at:

www.salem.va.gov



EVENTS CALENDAR—2012

(Also see on Intranet and Internet Calendars)

Mar 1	"Everyday People" Musical Performance from 2-4p in the Auditorium
Mar 4-10	Patient Safety Awareness Week
Mar 7	Deadline to register for Veterans Creative Arts Local Competition
Mar 8	March is "Be Safe" Month—display in main lobby from 12:30-1:30p
Mar 8	AFGE Lunch and Learn from 11a-1p in the main lobby of Building 143 for employees
Mar 9	Registered Dietitian Day
Mar 11	Daylight Savings Time Begins
Mar 12-16	Women's Education, Women's Empowerment Display from 8a-4:30p in the main lobby
Mar 12-18	International Brain Awareness Week
Mar 13	Veterans Performing Arts Competition at 9:30 am in the Auditorium
Mar 15	Nutrition Month Display in the main lobby from 11a-1p
Mar 17	St. Patrick's Day
Mar 18-24	National Poison Prevention Week
Mar 20	Spring Begins
Mar 20	My HealtheVet Day at Danville CBOC from 9a-3p
Mar 21	Veterans Visual Arts Competition at 9:30a in the Auditorium
Mar 21	MOVE Weight Management display in the main lobby from 12:30-1:30p
Mar 24	World Tuberculosis Day
Mar 25-30	National Disabled Veterans Winter Sports Clinic—Snowmass, CO
Mar 27	Diabetes Alert Day World Water Day
Mar 30	Doctor's Day
Apr 6	Good Friday Service from 10-11a in the Chapel