



Just the Facts

76 YEARS AND STILL GOING STRONG!

October 19, 2010, marks Salem's 76th Anniversary; do you remember the wonderful celebration we had last year at this time to celebrate our 75th?

As we begin the new Fiscal Year 2011, we have much to be proud of and celebrate at Salem VAMC. This has been a challenging year for us as we have treated more Veterans, expanded services and places where we provide service, endured a challenging budget, and still excelled in many external reviews. The deserving care we have provided to our Nation's Veterans has been extraordinary — and our performance measures scores attest to our accomplishments. Our services and personnel have been recognized through numerous awards and commendations. We recognize our most important asset is our dedicated, professional staff. Salem VAMC is recognized locally, regionally, and nationally for our innovative approaches in healthcare.



Some of our many accomplishments from the past year include:

- ☆ 1st Place in the 2010 Communication Awards in the Special Events category for our 75th Anniversary Celebration.
- ☆ Formation of the Rural Health Team to reach out to Veterans in rural areas.
- ☆ Expanded My HealtheVet authentication.
- ☆ Ground breaking ceremonies for the new Wytheville and Staunton Community Based Outpatient Centers (CBOCs); we expect them to be operational in early 2011.
- ☆ Received high scores in the All Employee Survey.
- ☆ Met or exceeded 93% of our Performance Measures.
- ☆ Canteen won the "best Canteen in the VA" award for the second year in a row.
- ☆ System Redesign program has been recognized nationally.
- ☆ Exceeded our Combined Federal Campaign (CFC) goal of \$65,000 by collecting \$68,097.
- ☆ Opened our Telemetry Unit.
- ☆ Received an Employer Support of the Guard and Reserve award.
- ☆ Received the Bronze National Safety Award for the completion of Root Cause Analysis reports.
- ☆ Active Worklife Improvement Team (WIT), Employees Association (EA), and EEO and



Diversity Committees who provide activities, services, and resources for staff.

- ☆ Over 580 wonderful Volunteers provided 52,823 hours of service to the Salem VAMC this past year. Voluntary Service received \$287,709 in donations as well.

Fiscal Year 2011 will be one of many exciting opportunities and changes. We look forward to the selection of a new Medical Center Director very soon. Keep up the great work; thanks for all you do! And thank you Veterans, for your service!

CAROL S. BOGEDAIN
Interim Director

A Wedding Story: True Love Endures!

Story and photos submitted by S. Jeanne Wilson, RN, MSN

Mr. Landon Gill wanted to marry his long-time sweetheart of 28 years, Gloria Campbell. They spoke with Salem VAMC Chaplain Harold Bryant and expressed their wish to be married. At Mr. Gill's request, the wedding was scheduled for the next day, Tuesday, August 17 at 1:00pm.

Evelyn Sayers, Margaret Semple, Kari Bocock and Shirley Layman took on the role of wedding planners. A wedding cake and wedding decorations were provided by Ms. Sayers. A small cake for the bride and groom to share following the ceremony was prepared by Nutrition & Food Service. Chief of Staff, Maureen McCarthy, MD also provided handmade paper

flowers for decorating the room. The VA Greenhouse staff prepared a beautiful bouquet of roses for the bride and a colorful flower arrangement for the refreshment table.

Employees from the MICU-A and Step-down units and employees from various departments throughout the hospital were invited to join in this special event. The beautiful bride was stunning in pearls and a long light green brocade dress. Mr. Gill was gallant in a white improvised bowtie created by the nursing staff. He was so happy and excited about the upcoming event that he kept winking at everybody and giving the thumbs-up sign.

Chaplain Bryant presided over the ceremony while Dr Mitchell Horowitz gave away the bride per her request. The bride was accompanied by her lovely daughters who were wreathed in smiles and resplendent in lavender and pink satin dresses. In a short but poignant ceremony, Mr. Landon Gill and his bride Gloria exchanged wedding rings. They were finally joined in marriage and shared their first kiss as HUSBAND and WIFE. As the new couple shared their wedding cake, the crowd clapped with joy. Cake was then served for everybody in the wedding party to enjoy. It was a lovely ceremony that brought tears to many eyes and smiles to every face of those present.

Editor's Note: This story is particularly bittersweet; Mr. Gill passed away on August 21, 2010. Our sincere condolences to his wife and family.





Rural Health

Salem VAMC has a Rural Health Team to serve Veterans in our catchment areas.

The team is under Salem VAMC's Primary Care Service Line, and works closely with Home Based Primary Care, Tele-medicine, Women's Health, Mental Health, OEF/OIF Coordinator, and other services.

The Team recently shared information about VA services at: The Bluefield Walmart, Marion VFW Post, Bath County Wings & Wheels, Virginia Wounded Warriors Golf Tournament, Galax Fiddler's Convention, Celebrate Catawba Festival, Staunton CBOC Ground-breaking, Tazewell County Fair, Salem VAMC Welcome Home Event, Wytheville Farmers Market, Friendship Retirement Senior Extravaganza in Roanoke, Hillsville Flea Market, ITT Company Picnic, Salem Gun Show, Western Virginia Labor Federation, Lynchburg Military Family Support Center, Tazewell VFW Post, Brookville Ruritan Club, Salem Military Family Support Center, and the Fort Lee Department of Army Retiree Council.



James, Kari, and April at a Rural Health Outreach event at Sam's Club in Lynchburg. Photo by Kathryn Null.

Upcoming Rural Health Team activities:

- | | | |
|---|-----------------|--|
|  | September 29-30 | Virginia State Fair—Doswell (Caroline County), VA |
|  | October 2 | Clifford Sorghum Festival—Amherst, VA |
|  | October 2 | Frontier Days—Staunton, VA |
|  | October 12 | Military Family Support Center—Staunton, VA |
|  | October 13 | VFW Post 4204—Hot Springs (Bath County), VA |
|  | October 16 | Caring Connections Caregiver Conference—New River Community College—Dublin, VA |
|  | October 29 | Health Expo—Stuart, VA |
|  | November 16 | Ruritan Club—Rockbridge County, VA |

If you have an event you'd like to invite the Rural Health Team to come to, please contact Marian McConnell at (540) 855-3460 or email at marian.mcconnell@va.gov.

CONSTRUCTION UPDATES

Submitted by Wayne Johnson

We appreciate your continued patience as we strive to improve Salem VAMC facilities.

During October or November, Mental Health Services will occupy newly constructed Building 168. The MRI Addition to Building 2A will continue to progress and related renovation of a portion of the Emergency Department will take place.

Other construction progress will include:

- Elevator renovation: Corrections for Buildings 4, 12 (both elevators), and 74 will be completed along with elevator work in Buildings 9, 75, and 77. Building 7 elevator work will also progress.
- Building 143 Fire Alarm System Replacement: Installation work will continue.
- Steam repairs - West Building Loop: Work will continue causing restricted corridor use in Buildings 74 and 75. Exterior underground pipe installation will also occur.
- Construction of Building 75 Education Center will begin.
- Vehicle refueling station relocation and surface drainage work: Will be completed.
- Construction of a Contractor staging area near parking lot T: Will be completed.
- Replacement of roofs - East Corridors, Building 74, and Buildings 143/2A: Corridor work and preparation for Building 74 roof will initiate. Building 143 work will begin as weather allows.
- HVAC systems replacement in Buildings 11 and 12 (in design): Should initiate.
- Installation of lighting in Parking Lots H and I: Should be completed.
- Installation of shuttle bus shelters: Should be completed.
- Renovation of Building 9, 2nd Floor: Should initiate dependent on resolution of existing contract protest. Building 7, 2nd Floor renovation to follow.
- Correction of floor deficiencies: Auditorium and Building 143 corridor floors will be repaired.
- IT Infrastructure Security and IT HVAC: Work will continue in various areas.
- SPD Renovation for Scope Processing: Design completed during the Oct. – Nov. timeframe.
- Replacement of exterior lighting with energy efficient LEDs: Completed during this timeframe.

Numerous other projects are in the design stage and a few projects have contract issues which we are attempting to resolve. Of particular note are the following:

- Correction of floor deficiencies: Building 4 corridors and Renovation of Canteen dining areas.
- Completion of HVAC humidification corrections in Building 143.
- Completion of retro-commissioning of Building 143 HVAC system.
- Building 76 renovation for relocation of Medical Research: Delayed to FY11.

FMS will continue to coordinate these on-going construction activities, design efforts, and numerous other projects (large and small) not mentioned above with directly-affected personnel and services.

We appreciate your continued patience as we strive to improve Salem VAMC facilities. Please immediately report any unsafe conditions or situations to Safety (Ext. 2292) or FMS (Ext. 2700).



ETHICS— ASK ETHEL? AND ETHICS NEWS!

August Ethics Question:

Dear Ethel,

I have been asked to be on a review committee for hiring new employees in the department that I supervise. Should I excuse myself if the person being interviewed is the wife of my friend?

Answer:

Yes, ethically you need to excuse yourself because it is a boundary issue. A person should be hired for merit and the hiring process should not be perceived as preferential treatment.



October Ethics Question:

Dear Ethel,

Is it appropriate for a VA employee to give a Veteran a ride home if there is no transportation available?

Preventive Ethics News

Congratulations to Erin Skaggs, LPN who submitted the winning drawing of Ethel. Thanks to all the artists who submitted their great entries! The winning entry will be featured in the November issue.

WOMEN'S EQUALITY DAY—AUGUST 26

Article submitted by Charlene Scott, Photos by Jeanne Wilson

Only 90 years ago - our mothers and grandmothers, innocent and defenseless young women were jailed for picketing the White House, carrying signs asking for the right to vote.

Only 90 years ago - "The Night of Terror" unfolded when 40 prison guards wielding clubs and their warden's blessing went on a rampage against 33 women wrongly convicted of obstructing sidewalk traffic. By the end of the night, they were barely alive.

Only 90 years ago - When Alice Paul embarked on a hunger strike, she was tied to a chair, a tube was forced down her throat and liquid was poured into her until she vomited. She was tortured like this for weeks until word was smuggled out to the press. Officials tried to persuade a psychiatrist to declare her insane but he refused. The doctor admonished the men: "Courage in women is often mistaken for insanity."

A question we might ask ourselves is: What would these women think of the way we use, or don't use our right to vote?

Pictures and other facts of some of the women's suffrage leaders were displayed on August 26th at the Salem VA Medical Center.

Nothing we have to do is so important that we can't take the time to vote and to voice our opinions about men and women who represent us at every level of government.

(Top photo—Charlene Scott talks with visitors at the display. Bottom photo, left to right—Janet Health and Debra Hagins.)



ARE YOU FULL ON FIBER?

Submitted Rebekah Miller, Virginia Tech Dietetic Intern

You may have heard of dietary fiber, but did you know that eating fiber can improve your health and even your waist line? Eating a diet high in fiber can lower your cholesterol, give you better control of your blood sugar levels, keep your bowel movements regular and help prevent some types of cancer. Fiber also can help you lose weight since it makes you feel fuller faster, which can help you with portion control and prevent you from over-eating.

Fiber is found in many fruits, vegetables, and grain products and comes in two forms- soluble and insoluble. Soluble fiber helps the most in lowering cholesterol and controlling blood sugar levels while insoluble fiber is best at keeping our bowels regular. Some types of food that have soluble fiber are oats, barley, dried beans and peas, vegetables, and fruits. Foods that have insoluble fiber are whole grains, nuts, seeds, vegetables and fruits, mostly in the skins. Since both types of fiber are good for your body, it is important that you try to eat a good variety of each every day. The American Heart Association says that most people should try to eat 25-30 grams of fiber every day, but many Americans eat only 15 grams! You should also know it is best to slowly increase the amount of fiber in your diet, because eating a lot more than your body is used to can upset your stomach. It is also important to drink plenty of water when you eat more fiber.

Look at what you are eating and make sure you are full on fiber!



NEW LOGO FOR CANTEEN

Submitted by Wanda Henry

The **Veterans Canteen Service** still carries the VCS name for **Value, Convenience, and Service!** You will notice new signs posted: Retail Shop is now the PATRIOT STORE; Food Department is now the PATRIOT CAFÉ; Café is now the PATRIOT STORE & CAFÉ; and Vending Areas are now the PATRIOT EXPRESS.



GREEN ENERGY

Submitted by Bob Rossbacher

If your office or work area has too much light, or you would like to have some additional control of the amount of light, please call Bob Rossbacher at extension 1775 or send an outlook message to Robert.Rossbacher@va.gov. There may be a way to make the light level more comfortable as well as saving some money on the VA electrical energy bill.



FLU SHOTS

Submitted by Lindsay Hardy

We are actively gearing up for flu season. This year, our motto is "Don't get the flu, one shot for you!" Veterans and employees are eligible to receive the flu vaccine free of charge. We are anticipating that the vaccine will arrive on or before October 15. The walk-in flu clinic, available to enrolled Veterans, will be in Building 12, 1st floor. The hours of operation will be from 9am—3pm, Monday-Friday, closed on holidays. The walk-in flu clinic will become operational when the vaccine arrives, so be on the lookout! Veterans can also receive the vaccine at scheduled appointments. In addition to Occupational Health, other opportunities for vaccination will be made available to employees, such as the rolling flu cart. More information will be made available at a later date.



CONGRATULATIONS TO MAP & NLD 2010 PROGRAM GRADUATES!

Article submitted by Roddy Hiduskey, Photos by Marian McConnell

Congratulations for a job well done to the following VISN 6 LEAD Class 2010 program graduates from the Mid-Atlantic Leadership Development Program (MAP) and the Non-Supervisory Leader Development Program (NLD). These employees have taken upon themselves the opportunities offered by VISN 6 and Salem VAMC to development their professional and career skills.

MAP introduces highly functioning and skilled employees to managerial and supervisors type leadership competencies (HPDM Level 2) through a curriculum that includes: Mentor Certification: Developing a Personal Development Plan (PDP); Writing a Federal Resume; Goals & Goal Setting; Performance Based Interviewing; Interpersonal Skills and Team Building; Employee Performance and Diversity Management; Leadership Competencies; Labor Management Relations; Change Management; and Project Management and Team Building. *2010 MAP graduates are (Left to Right): Megan Murray, Annette "AJ" Scott, Gerald Killian, Marcy Hernandez, Tequita Akers, and Carolyn Paige.*

NLD develops HPDM Level 1 frontline leadership skills in non-supervisory employees that function within both administrative and clinical positions by: Promoting the development or improvement of self-management skills; Learning and applying continuous assessment data to increase participant's understanding of inner self and work relationships; Building better relationships with supervisors; Writing a PDP and Federal Resume; and Promoting self-confidence. *2010 program graduates (Left to Right): Doug Hooper, Denise "DJ" Jenkins, Chad Clark, Susan Ridenhour, James Ayers, Ashley LeFrois, and Marcus Clausen.*

The next application period for the 2012 MAP and NLD classes is anticipated for June 2011. Employees interested in applying can contact Rod Hiduskey, Health Team Management Coordinator, Ext. 3599.



'FALLEN' EXHIBIT AT TAUBMAN MUSEUM OF ART

Submitted by Jonna Detweiler

"Fallen" is a large scale contemporary war memorial that recognizes the American troops killed in the Iraq war and occupation. Artist Jane Hammond honors each soldier by inscribing their name on an individual and unique photograph of a leaf. These leaves are then installed on a low pedestal as part of an ongoing installation. Hammond received her inspiration from a dream in 2004, one year after the initial invasion, and the work premiered in 2005 with 1,511 leaves. Hammond has since continued to add to the work, creating leaves for every additional soldier that dies. "Fallen" will open at the Taubman with more than 4,200 leaves installed by Hammond on a pedestal approximately 30 feet long. Six years after beginning the installation, Hammond is committed to continuing the work until the war is over.

The exhibit is open September 24, 2010—January 9, 2011 at the Taubman Museum of Art in downtown Roanoke. Call (540) 342-5760 for more information. The museum is FREE on Thursday nights from 5-8pm.



DIVERSITY FAIR AND EEO SCHOLARSHIPS

Article submitted by Loretta Welch; photos by Marian McConnell

On August 5, 2010 during the annual EEO Diversity Day Celebration "Diversity in the 50 States," the EEO Committee presented two \$500 scholarships to Chantal Johnson and Marissa Cook. Chantal graduated from William Fleming High School in 2010 and plans to pursue a career in Journalism with a minor in Creative Writing at James Madison University. Chantal's father, Mr. Bernard Johnson works in Primary 1 Clinic. Marissa graduated from Lord Botetourt in 2010 and plans on attending Virginia Western and later transferring to Virginia Tech. She plans to pursue a career in Civil Engineering. Marissa's mother is Terri Turner who is a Budget Analyst Intern in Central Finance.

The EEO Committee would like to thank Ms. Caitlin Zimmerman, Student Project Leader and the other students of the VALOR Program for their hard work and dedication.

Top Photo (Left to Right): Pearl Washington, Bernard Johnson, Chantal Johnson, Terri Johnson, and Marissa Cook.

Bottom Photo (Left to Right): Anita Phifer, Charlene Scott, Debra Hagins, Caitlin Zimmerman, David Beatty, Miranda Bishop, Andrea Johnston, Sean Manard, Mary Terry, Nikita Hale, Jeanette Taylor, and Loretta Welch.



CONTINUOUS READINESS

Submitted by Joan Aders, Safety Officer

In preparation for our next Joint Commission survey, here are some tidbits from recent survey findings. Joint Commission Standards state that doors shall not be held open by devices other than those that release when the door is pushed or pulled.

Doors should not be blocked open by furniture, door stops, chocks, tie-back, drop-down or plunger-type devices, or other devices that necessitate manual unlatching or releasing action to close. Doors held open by devices other than those approved are dangerous to both employees and patients. Examples of approved hold-open devices that release when the door is pushed or pulled are friction catches or magnetic catches. (Example at right.)

If you notice any doors that are opened with any of those listed above, please contact your supervisor.

Remember, it is up to all of us to keep our medical center safe.



COMPLIMENTS CORNER

Submitted by Robin Haas

- ☺ “**Danny Miner** in Physical Therapy is one of the nicest persons I’ve met plus he is an excellent therapist. He has really worked wonders for me.”
- ☺ “The two evening Techs in MRI, **John Skidmore** and **Hutch Malcolm**, made everything perfect. They made me feel welcome and comfortable. I received 4-star treatment. I have never seen more understanding and compassionate people.”
- ☺ “Thanks to **Drs. Neeraj Gupta** and **Deepal Lala**; MICU Nurses **Leanne Smith**, **Carolyn Deason**, **Yvette Jackson**, and **Arvo Vilgats**; Respiratory Therapists **Jeff Walton**, **Eric** and **Joanne**; Palliative Nurse **Dorothy Rizzo**; Social Workers **Tammy Snyder** and **Tanyia Jones**, and Decedent Affairs **Frank Wilkins**. They deserve a huge gold star for taking good care of us during our family member’s confinement and passing.”
- ☺ “Compliments to **Dr. Taralkumar Ravjibhai Sharma** in MHC—he has a most excellent patient manner. His communication skills are excellent.”
- ☺ “The staff at the **Danville CBOC** are very kind and the way they show their concern about each and every patient... The hospitality in Danville is the greatest. The two young ladies at the front desk treat me the same way every time I come here. I’m not one to complain but as Veterans we get a bad rap after service toward our country. But if you took a survey, you’ll find that you have the greatest staff working for our country and our Veterans!”
- ☺ “Special thanks to the following employees: **Reagan Levidiotis**, **Dr. Michael White**, **Christy Bayne**, **Dr. Hoover**, **Dr. Padmanabhan**, **Rebecca Bayne**, **Mesadiou Terial**, **Marshall Vouderen**, **Monica Vashau**, **Dipal Patel**, and **Dr. Richard Grayson**. It is with sincere pleasure I commend and thank you for your outstanding performance during my surgery. The professionalism you demonstrated in performing your duty distinguishes you a cut above the rest and the loving care that you gave to me reflects a great deal of

credit upon you and the Salem VAMC.

Through your willingness, your determination and enthusiastic devotion to duty, you set a standard of excellence unequalled by your contemporaries.”

- ☺ “Thanks to **Samuel King** in the MICU-A/SD Unit. I have witnessed/observed Mr. King’s performance as a Health Aide on a daily basis. He is very professional, very helpful, accommodating, reserved, and very humble who always gives his excellent services to everybody with a smile. He always volunteers to help out even if it is not part of his job, always does services above and beyond his duties. He never complains nor asks for favors; he just does his job efficiently and effectively and quietly. He always helps out in any way he can.”
- ☺ “**Darren Epperly** does a great job in X-ray. When something comes up he completes it very quickly. He is very dependable. He is very resourceful and experienced with what he does.”
- ☺ “Thanks to **Ward 2-3 Nursing** staff and **Doctors** for the wonderful care you provided to our family member during his 3-year stay on Ward 2-3.”
- ☺ “Thanks to **Dr. Julia Ewen** for providing compassionate care to a Veteran who was suffering from a panic attack and possible cardiac condition. She escorted him to the ER and stayed with him for about 2 hours.”
- ☺ “Thanks to **Julie Francis**, RN, on Ward 2-2. She always has a smile on her face. She always starts your day off right when she works. She just makes you feel good all over...makes you feel special.”
- ☺ “I am not an exercise person but working with all the great people in Cardio Rehab has been a pleasure. I think they do a fantastic job. I would recommend this program to anyone. **Jane Tabb**, **Lois Ashby** and **Chris Schroeder** are wonderful people!”
- ☺ “Thanks to **Dr. Golden** for assisting the Patient Advocate with a medicine change for a Veteran.”



REPORTING SAFETY & QUALITY ISSUES

Submitted by Carol Carlson

Any employee of the Salem VAMC may report safety and quality of care issues directly to the Joint Commission, our accrediting agency. Concerns may be reported without retaliation or disciplinary action against the reporting employee. Reports may be reported to the Joint Commission through several means:



Mail:

Division of Accreditation Operations
The Joint Commission
One Renaissance Blvd.
Oakbrook Terrace, IL 60180

Phone: 1-800-994-6610

Fax: 1-630-792-5636

Email: complaint@jointcommission.org

JUST THE FACTS

The newsletter is published around the 1st of each month.

If you have ideas for improving *Just the Facts* articles (250 words or less), photos, or suggestions, please contact Marian McConnell at (540) 982-2463, Ext. 1400; or email marian.mcconnell@va.gov at least 10 days before the first of the month.

Remember, you can read current and past issues on the Salem VAMC Intranet homepage.

Disclaimer: We reserve the right to edit/condense articles and information as appropriate. We will make every attempt to notify the author(s) first.

Now posted online at:

www.salem.va.gov



EVENTS CALENDAR

(Also see events online on the Salem homepage, and in the Weekly Bulletin)

| | |
|--------------|--|
| Sep 5-11 | National Suicide Prevention Week |
| Sep 17 | POW/MIA Recognition Day |
| Sep 21 | World Alzheimer's Day |
| Sep 17-23 | Constitution Week |
| Sep 24 | Wounded Warriors: Their Last Battle—10-11:30a in the Auditorium |
| Sep 30 | Regional Latino Dances—11:30a-12:30p in Bldg. 76 AFGE Conf. Room |
| Sep 26—Oct 2 | National Adult Immunization Awareness Week |
| Oct 1 | Fiscal Year 2011 Begins |
| Oct 1-7 | Gerontological Nurses Week |
| Oct 3-9 | Mental Illness Awareness Week Nuclear Medicine Week Hearing Aid Awareness Week |
| Oct 6 | Coffee and Its Impact on Latin American Culture—10a-11:45a in 74-232 |
| Oct 6-12 | Physician Assistants (PA) Week |
| Oct 10-16 | Emergency Nurses Week |
| Oct 11 | Columbus Day Holiday |
| Oct 15 | National Boss Day National Mammography Day |
| Oct 16 | Employees Association Bus Trip to Barn Dinner Theater |
| Oct 18-22 | Medical Assistants Recognition Week |
| Oct 18-25 | National Veterans Creative Arts Festival in La Crosse, WI |
| Oct 17-23 | International Infection Prevention Week National Health Care Quality Week |
| Oct 24-30 | Pastoral Care Week National Respiratory Care Week |

Salem Veterans Affairs Medical Center

WELCOME HOME AMERICAN HEROES

20th Annual

STAR CITY CRUISERS CAR, TRUCK AND CYCLE SHOW

August 21, 2010



Event Summary

Salem VAMC's 4th Annual Welcome Home Event

Saturday, August 21, 2010 from 10:00am to 3:00pm

In conjunction with the Star City Cruisers 20th Annual Car, Truck and Cycle Show and the Salem VAMC Voluntary Services program

Attendance: 115 registered vehicle; approximately 350 in attendance with estimated 25 OEF/OIF Veterans and family members

Photos by: Nancy Short and Shelby Assad, OEF/OIF Program

Special thanks to Rolling Thunder who were in charge of food preparation and distribution.



Also, to the Red Cross for donating the door prizes for our OEF/OIF Veterans (Ipod Shuffles w/ \$15 gift card) and Norfolk Southern for providing door prizes for other eras of Veterans.

From the cover:

Bottom (left to right): Michael Little, USMC, OEF/OIF Veteran, with his 1967 Ford Mustang; Shannon Holland, US Army, OEF/OIF Veteran, with his 1953 Chevy Pick-up

Top (left to right): Kenneth Smith, US Army National Guard, OIF Veteran, with his sons Austin and Adam; Sean Semple, USMC, OIF Veteran, with his daughter, Ella